



Home Hangover Cure

15 Minute Bathroom Blitz	
1-3 Min	Wipe down the outside of the toilet, and give the inside a power wash.
3-5 Min	Polish the hardware in the bathroom.
5-8 Min	Wipe down the counters, clean the basin and shine the mirrors.
8-10 Min	Sweep and mop the floor, paying special attention to the corners and hidden spots.
10-15 Min	Give the tub a good scrub and wash the shower curtain/Glass Door.
15 Minute Kitchen Clean	
1-3 Min	Wipe down the cabinets, drawers and doors.
3-5 Min	Polish appliance doors and hardware.
5-8 Min	Wipe down the counters and stovetop.
8-12 Min	Sweep and mop the floor, paying special attention to the corners and hidden spots.
12-15 Min	Give the kitchen sink a good scrub, paying attention to taps and sinkhole.
15 Minute Laundry Room Lift	
1-3 Min	Wipe down the outside of the washer and dryer.
3-5 Min	Sweep and mop the floor, paying special attention to corners and hidden spots.
5-8 Min	Wipe down and disinfect your laundry baskets, then air in the sunshine for 4-5 hours.
8-10 Min	Clean laundry traps and lint trays with warm soapy water.
10-15 Min	Wipe down your storage counters and tidy up your cleaning supplies.
15 Minute Bedroom Rescue	
1-2 Min	Strip your sheets and cases, and then allow your bed to air out for 6-8 hours.
2-5 Min	Clean your headboard and bedside tables.
5-9 Min	Dust your window dressings and wash your windows.
9-15 Min	Vacuum under your bed, behind your bed and the entire room.